

Desk and Derrick Club of Oklahoma City

DERRICK LIGHTS

Oklahoma Rehabilitation Services

By Ann Mefford

The first thing Trey Lewis did was told us to do was close our eyes and think about going through our normal day in the dark. That is what many Oklahomans find themselves doing.

I can not even begin to think of how difficult it would be just to brush your teeth, comb your hair, or even getting dressed for work. The Oklahoma Rehabilitation Services are there to help these people regain their independence and learn how to cope with being blind. They work with them to learn how to do things like dialing the phone, signing their name, cooking, identifying money, telling time, matching their clothing and many more things. They work with them to provide guidance in making the home safe for a person to get around and using assistance devices.

They have two centers where this is accomplished. The Oklahoma locations are in Sulfur and Muskogee. When someone goes blind they go through a grieving process. They feel at a loss as to what to do and how to go on. The programs are one to two weeks long. Three ladies who recently completed the program became friends and are going on a cruise together.

The goal of the program is help people with disabilities to get their freedom and independence back.

They also have a program to allow people 16 and older to get to a school and be able to transition into the work force. They work to design a plan that works with the persons abilities and with the current school district special education directors, counselors and administrators. They look at the young persons interests and skills to form a plan and provide the training through State and Federal funding.

Special thanks to Evie who is the driver for Troy and his helper with transportation and assisting him to his appointments.

If you know of someone who could use the service please have them contact Oklahoma Rehabilitation Services at 800-845-8476 or locally at 405-951-3400 www.okdrs.gov.

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CLUB MOTTO
 "GREATER KNOWLEDGE -
 GREATER SERVICE"

CLUB PURPOSE
 The purpose of the Club shall be to promote the education and professional development of individuals employed in or affiliated with the petroleum, energy, and allied industries and to educate the general public about these industries.

ADDC MISSION STATEMENT
 To enhance and foster a positive image to the global community by promoting the contribution of the petroleum, energy and allied industries through education, by using all resources available.



Desk & Derrick Club of Oklahoma City

Club Information •
www.deskandderrickokc.com
Association Information •
www.addc.org

2024

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Tim Parrish
Enterprise Crude Oil LLC

VICE PRESIDENT

Michelle Burgard
Devon Energy

SECRETARY

Wendy Sparks
Carl E. Gungoll Exploration

TREASURER & IMMEDIATE PAST PRESIDENT

Marsha Gentry
Retired

2024 DIRECTORS

DIRECTORS

Marcy Ebert
Retired

Jamie Gilmore
General Dynamics

Jamie Sabata
Gardner Cryogenics

*From the Editor,
Ann Mefford*

Merry Christmas & a Blessed New Year

We are quickly approaching the end of 2024. It has been a year full of events that have changed us and made us who we are. Our calendars are full of things we will do before its all over.

Time is a gift so spend it wisely, make time to go see your family and friends. Call someone you haven't talked to in a while. For some people this is the sad time of the year where they are forgotten or missing someone who is no longer here to share the holidays with. My Square dance club performed an exhibition at the Shawnee nursing home and the residents were so happy to see us.

Smile at everyone it may be what they need to brighten their day. If you are able volunteer somewhere, my friend walks shelter dogs on the weekend and post a photo and how sweet the dog is, while asking for people to adopt them. I have helped out at the food bank packing food. These don't take a lot of time but, help so many.

I am enjoying the Christmas lights and the music. Watching old Christmas shows and enjoy warm coffee with friends. I am trying to enjoy this time I have instead of running and stressing. Christmas is a time to be a kid at heart and share our love and joy.

Ann



BULLETIN

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EDUCATION

FIELD TRIP

Board

FINANCE

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HOSPITALITY

Jamie Gilmore 405-219-9268 j_gilmore24@yahoo.com

INDUSTRY ACTIVITIES

TBD

MEMBERSHIP

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RULES

TBD

WEBMASTER

Jamie Gilmore 405-219-9268 j_gilmore24@yahoo.com

**2024
COMMITTEE
CHAIRS**



2024

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Enterprise Crude Oil LLC

VICE PRESIDENT

Michelle Burgard
Devon Energy

SECRETARY

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Jamie Sabata
Gardner Cryogenics

PARLIAMENTARIAN

TBA

Tim Parrish
2024 OKC President
Enterprise Products
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405.606.4552
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Good day members -

First of all, I want to invite all of you and any guests to our December meeting on Wednesday the 18th. I am pleased to tell you that we will have Executive Director, **Tony Mullican** from **First Serve OKC** tell us about the 11-year-old program that was formed with the help of USTA to help encourage youth participation in the sport of tennis. The program not only teaches tennis to youth, but also helps students with life skills to help them with independence, improve academic skills and promote healthy lifestyle choices. To learn more come to our meeting, check out firstserveokc.com or look for them on Facebook.

I hope that your Yuletide season is starting out well and that you are not yet stressed or frazzled. If the latter, take a deep breath, exhale and blow your stresses away. Remember what was written in Matthew 11:28-30, ²⁸“Come to me, all you who are weary and burdened, and I will give you rest. ²⁹Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰For my yoke is easy and my burden is light.”

Reading that Bible verse reminds me of an Oklahoma based movie that my niece was in a couple years ago, **What Rhymes With Reason (2023)**, that helped promote a FCC funded free, anonymous nationwide suicide and crisis hotline that was just getting started. **The number is 988.**



24/7 CALL, TEXT, CHAT

Take care and be safe,
Tim

p.s. Invite someone to our next meeting.



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Angie Corvers

ExxonMobil Chemicals

WEST REGION DIRECTOR

Heather Woods

Whiptail Midstream

Wendy Sparks

2024 ADDC PRESIDENT

34627 E County Rd 1517, Paoli OK 73074

405.760.2884 (cell)

wsparks@cegx.ne

December 2024

My President's report given at ADDC Convention:

We've had a good year. The ADDC board meets monthly via Zoom, and we discuss financials, things going on in the regions and new and old business. A few of the first things we discussed and approved were deadlines for Club and Region Bylaw review, 2025 ADDC Board nominees, Charity Rising contract and the operating budget. This was the year of the form updates. We approved the Bylaw Amendment Forms, EAB form and most recently the new Program Form.

This year has been everything I had hoped it would be. Thought provoking discussions. Assuming some issues would be a big discussion, and they weren't...Or things I thought would be a given...were not. Building new relationships personally and professionally within this organization and strengthening old ones. Balancing my big-picture thinking with attention to detail has been challenging and welcomed. I have learned more about this organization than I ever thought possible, and I hope that I have also taught people about this organization and our industry. I loved learning about Robert's Rules and Parliamentary procedures.

Finally, I feel this year has helped me grow as a leader in all aspects of my life. I can say that I have genuinely enjoyed this year more than I ever could have imagined and honestly more than I ever expected! I will forever be grateful to you for allowing me to be your 2024 ADDC President.

Much love,

Wendy

Central Region Director's Newsletter



Michelle Burgard
 Central Region Director
 11616 NW 96th St
 Yukon, OK 73099
 405-664-8862

Michelle.burgard@dvn.com

Board of Directors

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Angie Corvers

ExxonMobil Chemicals

WEST REGION DIRECTOR

Heather Woods

Whiptail Midstream

December 2024

Hello Members,

I want to start by saying “Thank you” to all of you for your support and help this year. It has meant the world to me! I have learned so much from all of you. A big thank you to Great Bend Club for hosting an amazing Region meeting and another thank you to Graham and Wichita Falls for being so welcoming at your August monthly meeting.

I had amazing Presidents this year and that were always willing to help me with anything. Thank you to Lonnie Broce (Great Bend), Kay McKinley (Liberal), Allison Igo (Wichita, KS), Malissa Smith (Tulsa), Tim Parrish (OKC), Rena Shaffer (Wichita Falls), Melodee Guerrero (Graham) and Janet Beavers (Lone Star of Dallas). You are all amazing and I hope you have great success in your clubs!

As always don't forget to sign up for a region or national committee and help where you can. We need all of you to make this a great organization! Make 2025 super amazing!

All our clubs have had their elections for their 2025 Boards. Please fill out the ADO 31 form (New Officers Form) and email to: ado@addc.org, nichole@cobraogc.com, michelle.burgard@dvn.com, and retain a copy for your club records.

Remember, the deadline for AIMEE submittals will be 11:59 pm on January 15, 2025, via electronic submittal. The category submittals will be from January 1, 2024, through December 31, 2024.

I hope all of you have a Merry Christmas and Happy New Year! I hope you get to spend quality time with your families and have the best holidays.

Happy Holidays!

Michelle Burgard,

2024 Region Director

HAPPY BIRTHDAY

Lucky



Strike!

December

- 12/01 Ann Nguyen
- 12/14 Jamie Sabata

January

- 01/06 Taylor Stafford
- 01/10 Tim Parrish



Jamie Sabata winner with Jamie Gilmore.

Happy Birthday winner Marcy Ebert with Jamie Gilmore



December 18, 2024 (Wednesday) Membership Meeting

On the Border

120 S. Meridian Ave, Oklahoma City, OK

Dinner & Meeting at 5:30 p.m.

Cost \$20 Meeting Only: No Charge

Speaker will be Tony Mullican from First Serve OKC.

Reservations must be received by noon on Friday, December 16, 2024.

Payment Must Be Made For Reservation

Send Reservations to: Ann Nguyen E-mail: anguyen@eprod.com

DATES TO REMEMBER

Dec. 16 Chocolate Covered Anything Day

Dec. 20 Ugly Sweater Day

Dec. 22 Date Nut Bread Day

Dec. 27 No Interruptions Day

Dec. 28 Card Playing Day

Dec. 31 Make Up Your Mind Day

Jan. 02 Buffet Day

Jan. 03 Festival of Sleep Day

Jan. 09 Static Electricity Day

Jan. 11 Learn Your Name in Morse Code Day



December 2024

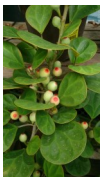
LET'S LAUGH (or groan)

Q: How much does Santa pay for parking?
A: Nothing, it's on the house.



Q: What did one snowman say to the other?
A: Do you smell carrots.

Q: What do you call people that are afraid of Santa?
A: Claustrophobic.



Q: Why did Santa go to the podiatrist?
A: He had mistletoes.

Q: How does Santa avoid getting sick before Christmas?
A: He uses hand Santa-tizer.

Q: Why did the woman wear one boot and one shoe?
A: She heard there was a 50-percent chance of snow.



FIND SANTA'S REINDEER!

L V C A D E J S T K K G E R
 K I J I P X R J T J I H O E
 D O P F G A R U K L J O G E
 V U W G Q E I O D D R R R D
 C Q A L C R E N N O D Z D N
 S S K N Y K Z W E H L D A I
 D N A B L I T Z E N A P S E
 B R I C N V H W P N T Q H R
 P V K T E N I Q C X E G E T
 X Y T Q L A E E W S M F R Y
 O J B C H R R X X L O W K M
 Q U N B S O R N I S C M H U
 W O O G R V Z S N V Q S L N
 I W M H L G G N S B H E N J

Reindeer Dasher Dancer Prancer Vixen
Comet Cupid Donner Blitzen Rudolph



December 2024						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	Ann					
8	9	10	11	12	13	14
	Ann					
15	16	17	18	19	20	21
	Brandy		MEMBERS MEETING			
22	23	24	25	26	27	28
	Ann		MERRY CHRISTMAS			
29	30	31	1	2	3	4
	Ann					

January 2025						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
					ARTICLES DUE FOR BULLETIN	
19	20	21	22	23	24	25
26	27	28	29	30	31	1
		MEMBERSHIP MEETING				